

JANUARY 2022

Resurrection Catholic Elementary School

BREAKFAST



This institution is an equal opportunity provider
Menu is subject to change without notice
PRK 2



Nutrition Tip: Happy New Year! If you made a food resolution turn it into a real solution by teaming up with a friend and celebrating your success along the way.

Reference: USDA MyPlate

MONDAY

Happy New Year

3

TUESDAY

Ham-Cheese
Croissant
Pineapple
Milk/Water

4

WEDNESDAY

Bagel ½
Apple Sauce
Milk/Water

5

THURSDAY

Cinna Mini
Peaches
Milk/Water

6

FRIDAY

Rice Krispy's Cereal
Grape Slices
Milk/Water

7

Biscuit w/Ham
Orange Wedge
Milk/Water

10

Mini Pancakes
Tropical Fruit
Milk/Water

11

Banana Muffin
Mandarin Oranges
Milk/Water

12

Cinnamon Toast
Apple Slices
Milk/Water

13

Bagel ½
Cantaloupe
Milk/Water

14

Holiday

17

Rice Krispy's Cereal
Banana ½
Milk/Water

18

Blueberry Muffin
Tropical Fruit
Milk/Water

19

French Toast Sticks
Pear ½
Milk/Water

20

Ham-Cheese Croissant
Pineapple
Milk/Water

21

Bagel ½
Apple Sauce
Milk/Water

24

Cinna Mini
Mandarin Oranges
Milk/Water

25

Mini Pancakes
Pineapple
Milk/Water

26

Cinnamon Toast
Orange Wedge
Milk/Water

27

Banana Muffin
Pear ½
Milk/Water

28

Biscuit w/Ham
Apple Slices
Milk/Water

31

