

DECEMBER 2021

Resurrection Catholic School



This intuition is an equal opportunity provider
Menu is subject to change without notice



Nutrition Tip: Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.

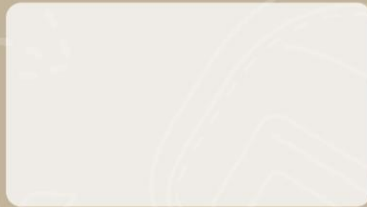


MONDAY



Mandarin Chicken **6**
 Fried Rice
 Pizza
 Steamed Broccoli/Squash
 Tropical Fruit

TUESDAY



Spaghetti/Texas Toast/B.B.Q Rib Sandwich **7**
 Green Peas/Carrots
 Peaches

WEDNESDAY

Fruit Yogurt Plate **1**
 Cheesy Chicken/Rice
 Green Beans/California Veggies/Roll
 Cinnamon Apples

Fruit Yogurt Plate **8**
 Mozzarella Cheese Sticks w/ Marianna Sauce
 Mixed Veggies/Side Salad
 Orange Wedge

THURSDAY

Chef Salad **2**
 Spicy Chicken Sandwich
 Corn/Broccoli
 Applesauce

Chef Salad Crackers **9**
 Corn Dog
 Baked Beans/Squash
 Grapes

FRIDAY

Fruit Yogurt Plate **3**
 Hamburger
 Tater Tots
 Tropical Fruit

Fruit Yogurt Plate **10**
 Grilled Cheese
 Tater Tots
 Side Salad
 Pear

Chicken Tenders **13**
 Diced Potatoes
 Lima Beans

Steak Fingers/Roll **14**
 Rice-Gravy/Green Beans
 Fruit

15
 Pizza/Corn/Fruit

16
 Hamburger
 Tater Tots
 Peaches

17
 Ham Subs
 Chips
 Fruit Cup

20

Merry Christmas

21

Merry Christmas

22

Merry Christmas

23

Merry Christmas

24

Merry Christmas

27

Happy Holiday

29

Happy Holiday

29

Happy Holiday

30

Happy New Year

31

Happy New Year