

DECEMBER 2021

Resurrection Catholic School

BREAKFAST



This institution is an equal opportunity provider



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Chicken Biscuit
Cereal/Poptart
Fruit

6

Mini Pancakes/Sausage
Cereal/Poptart
Fruit

7

Banana Muffin
Cereal/Poptart
Fruit

8

French Toast Sticks
Cereal/Poptart
Fruit

9

Breakfast Pastry
Cereal/Poptart
Fruit

10

Bacon-Egg Cheese
Biscuit
Cereal/Poptart
Fruit

13

Breakfast Pizza
Cereal/Poptart
Fruit

14

Blueberry Muffin
Cereal/Poptart
Fruit

15

Pancake on Stick
Cereal/Poptart
Fruit

16

Powered Doughnuts
Cereal/Poptart
Fruit

17

Merry Christmas

20

Merry Christmas

21

Merry Christmas

22

Merry Christmas

23

Merry Christmas

24

Happy Holiday

27

Happy Holiday

28

Happy Holiday

29

Happy New Year

30

Happy New Year

31