



This institution is an equal opportunity provider  
Menu is subject to change without notice



**October is National Apple Month.** Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



Fruit Yogurt Plate  
Grilled Cheese Sandwich **1**  
French Fries  
Raw Veggies  
Fruit

Chicken Strips/Roll  
Pepperoni Pizza **4**  
California Veggies  
Diced Potatoes  
Fruit

Hamburger Patty/Rice  
Gravy **5**  
Spicy Chicken Sandwich  
Green Beans/Side Salad  
Fruit

Fruit Yogurt Plate  
Corn Dog **6**  
Baked Beans/Mixed Veggies  
Fruit

Chef Salad/Crackers **7**  
Soft Beefy Taco  
Side Salad/Corn  
Fruit

Fruit Yogurt Plate **8**  
B.B.Q Pork Sandwich  
French Fries/Raw Veggies  
Fruit

No School  
Fall Holiday **11**

Spaghetti/Texas Toast **12**  
Hot-Ham Cheese Sub  
Lima Beans/Side Salad  
Fruit

Fruit Yogurt Plate **13**  
Pizza Lunchable  
Corn/Green Peas  
Fruit

Chef Salad/Crackers **14**  
Mozzarella Cheese Sticks  
w/Marinara  
Carrots/Steamed Broccoli  
Fruit

Fruit Yogurt Plate **15**  
Hot Dog  
Baked Beans/Tater Tots  
Fruit

Cheesy Chicken/Rice/Roll **18**  
Mexican Pizza  
Mixed Veggies  
Sweet Potatoes  
Fruit

Red Beans/Rice **19**  
Spicy Chicken Sandwich  
Turnip Greens/Carrots  
Corn Bread  
Fruit

Fruit Yogurt Plate **20**  
Pizza  
Corn/California Veggies  
Fruit

Chef Salad/Crackers **21**  
Steak Finger/Roll  
Mashed Potatoes  
Green Beans  
Fruit

Fruit Yogurt Plate **22**  
Sweet Chili Meat Ball Sub  
Tater Tots/Raw Veggies  
Fruit

Chicken Nuggets/Roll **25**  
Pepperoni Pizza  
Diced Potatoes  
Mixed Veggies  
Fruit

Corn Dog **26**  
Hot Ham-Cheese Sub  
Baked Beans/Carrots  
Fruit

Fruit Yogurt Plate **27**  
Hamburger Patty/Rice-Gravy  
Lima Beans/Squash/Roll  
Fruit

Chef Salad/Crackers **28**  
Breakfast for Lunch  
Grits/Scrambled Eggs/Sausage  
Biscuit  
Fruit

Fruit Yogurt Plate **29**  
Cheeseburger  
French Fries/Raw Veggies  
Fruit