

November 2020 Resurrection Catholic Elementary School

LUNCH



Nutrition Tip: Snacks can play an important role in meeting kids' nutrient needs. Choosing foods from all of the food groups will give them the energy they need between meals. This intuition is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Spaghetti **2**
Garlic Toast
Pizza
California Veggies/Side
Salad/Fruit/Juice

Nacho Grande **3**
Hamburger
Squash/Green Peas
Fruit/Juice

Fruit Yogurt Plate **4**
Chicken Strips/Roll
Mashed Potatoes/Green
Beans
Fruit/Juice

Chef Salad/Crackers **5**
Mexican Pizza
Corn/ Side Salad
Fruit/Juice

Fruit Yogurt Plate **6**
Grilled Cheese Sandwich
F.F/Raw Veggies
Fruit/Juice

Chicken & Waffles **9**
Pizza
Green Lima's/Squash
Fruit/Juice

Corn Dog **10**
Sweet Chili Meat Ball Sub
Baked Beans/Mixed Veggies
Fruit/Juice

Fruit Yogurt Plate **11**
Shredded Pork-Gravy
Mashed Potatoes/Green
Beans/Roll
Fruit/Juice

Chef Salad/Crackers **12**
Calzone
Corn/Side Salad
Fruit/Juice

Fruit Yogurt Plate **13**
Spicy Chicken Sandwich
T.Tots/Raw Veggies
Fruit/Juice

Chicken Bacon Ranch **16**
Casserole/Roll
Pizza
Green Beans/Carrots
Fruit/Juice

Steak Fingers/Rice **17**
Gravy/Roll
Hot Dog
Green Peas/California Veggies
Fruit/Juice

Cheese Burger **18**
Tater tots
Fruit

Turkey/Dressing **19**
Mashed Potatoes/Green
Beans/Roll
Fruit

B.B.Q Pulled Pork **20**
Sandwich
F.F
Fruit

23

24

25

26

27

Mandarin Chicken **30**
Fried Rice
Pizza
Broccoli/Squash
Fruit/Juice

