

# OCTOBER 2020

Resurrection Catholic Middle and High School

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Chef Salad **1**  
 Chicken Alfredo  
 Burger with Trimmings  
 Steamed Green Peas  
 Tossed Salads  
 Rolls  
 Milk

Chef Salad **2**  
 Cheese Sticks w/marinara  
 Ham & Chees Sub  
 Seasoned Pinto Beans  
 Veggie Cup  
 Fruit Crisp  
 Milk

Cheesy Chicken over Rice **5**  
 Pizza  
 Sweet Potato  
 Tossed Salad  
 Roll  
 Assorted Fruit  
 Milk

Hamburger Steak **6**  
 Grilled Chicken Sandwich  
 Steamed Lima Beans  
 Potato Salad  
 Rice & Gravy /Roll  
 Assorted Fruit  
 Milk

Chef Salad **7**  
 Burger with Trimmings  
 Mexican Pizza  
 Baked Beans  
 California Blend Vegetables  
 Assorted Fruit  
 Milk

Chef Salad **8**  
 Chicken Nachos  
 Turkey & Cheese Wrap w/ pickle  
 Refried Beans  
 Tossed Salad  
 Assorted Fruit  
 Milk

Chef Salad **9**  
 Bacon Cheeseburger  
 Baked Fries  
 Carrot Sticks  
 Assorted Fruit  
 Milk

FALL HOLIDAY! **12**

Vegetable Soup w/  
 Grilled Cheese **13**  
 Potato Salad  
 Steamed Squash  
 Assorted Fruit  
 Milk

Chef Salad **14**  
 JW Casserole  
 Deli Sub  
 Steam Green Beans  
 Assorted Fruit  
 Milk

Chef Salad **15**  
 Chicken & Cheese Quesadilla  
 Burger with Trimmings  
 Salsa with Chips  
 Mixed Vegetables  
 Assorted Fruit  
 Milk

Chef Salad **16**  
 Chicken & Waffles  
 Ham & Cheese Wrap w/ pickle spear  
 Raw Veggie Cup  
 Steamed Lima Beans  
 Assorted Fruit  
 Milk

Chicken Nuggets **19**  
 BBQ Rib Sub  
 Glazed Carrots  
 Green Peas  
 Garlic Toast  
 Assorted Fruit  
 Milk

Chili Cheese over Chips **20**  
 Spicy Chicken Sandwich  
 Tossed Salad  
 Steamed Peas  
 Assorted Fruit  
 Milk

Chef Salad **21**  
 Red Beans & Rice  
 Burger with Trimmings  
 Southern Greens / Cole Slaw  
 Cornbread  
 Assorted Fruit  
 Milk

Chef Salad **22**  
 Sweet Chili Meatballs  
 Deli Sub  
 Steamed Squash  
 Seasoned Green Beans  
 Assorted Fruit  
 Milk

Chef Salad **23**  
 Cheesy Pigs in a Blanket  
 Baked Fries  
 Tossed Salad  
 Assorted Fruit  
 Milk

Beefy Nachos **26**  
 Grilled Chicken Sandwich  
 Refried Beans  
 Black Eye Peas  
 Assorted Fruit  
 Milk

Calzone **27**  
 Spicy Chicken Sandwich  
 Cheesy Broccoli  
 Tossed Salad  
 Assorted Fruit  
 Milk

Buffalo Chicken Bits **28**  
 Burger with Trimmings  
 Steamed Corn  
 Tossed Salad  
 Assorted Gelatin  
 Assorted Fruit  
 Milk

Chef Salad **29**  
 Mandarin Chicken w/rice  
 Deli Sub  
 Steamed Cali Blend  
 Roll  
 Assorted Fruit  
 Milk

Managers Choice **30**

