

# January 2020

## Resurrection Catholic Elementary School

### BREAKFAST



**This Institution is an Equal Opportunity Provider.**



**Nutrition Tip:** Happy New Year! If you made a food resolution turn it into a real solution by teaming up with a friend and celebrating your success along the way.

Reference: USDA MyPlate

### Monday



6

Chicken Biscuit  
Cereal/Toast  
Fruit

13

NO SCHOOL  
HOLIDAY

20

Sausage Biscuit  
Cereal/Toast  
Fruit

27

### Tuesday



7

Sausage Biscuit  
Cereal/Pop Tart  
Fruit

Pancake on Stick  
Cereal/Toast  
Fruit

14

Bacon Egg Cheese  
Biscuit  
Cereal/Pop Tart  
Fruit

21

Cinna Mini  
Cereal/Toast  
Fruit

28

### Wednesday

1

Mini Pancake/Sausage  
Cereal/Pop Tart  
Fruit

8

French Toast Sticks  
Cereal/Toast  
Fruit

15

Breakfast Burrito  
Cereal/Pop Tart  
Fruit

22

Scrambled Eggs/Bacon  
Toast  
Cereal/Toast  
Fruit

29

### Thursday

2

Breakfast Burrito  
Cereal/Pop Tart  
Fruit

9

Breakfast Pizza  
Cereal/Toast  
Fruit

16

Mini Pancake/Sausage  
Cereal/Pop Tart  
Fruit

23

Breakfast Pizza  
Cereal/Toast  
Fruit

30

### Friday

3

Grits/Bacon/Toast  
Cereal/Pop Tart  
Fruit

10

Scrambled Eggs/Sausage  
Toast  
Cereal/Toast  
Fruit

17

Grits/Sausage/Toast  
Cereal/Pop Tart  
Fruit

24

Pancake on Stick  
Cereal/Toast  
Fruit

31