



Menu Items are subject to change, to due availability.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts
This institution is an equal opportunity provider and employer.



Monday

Tuesday

Wednesday

Thursday

Friday

2

SPRING BREAK

3

SPRING BREAK

4

SPRING BREAK

5

SPRING BREAK

6

SPRING BREAK

9

1)Steak Patty w/Gravy
 2)Grilled Chicken Sandwich
 Mashed Pot w/gravy
 Green Beans
 Rolls/Fruit

10

1)Fajitas
 2)Hamburgers
 Corn
 Lima Beans
 Fruit

11

1)Chef Salad/Crackers
 2)BBQ Chicken Pizza
 3)Grab & Go Lunch
 Tossed Salads
 Steamed Broccoli /Fruit

12

1)Chef Salad/Crackers
 2)Corn Dog Nuggets
 3)Grab & Go Lunch
 Baked Beans/Mac & Cheese
 Cole Slaw/Fruit

13

1)Chef Salad/Crackers
 2)Chicken Tenders
 3)Grab & Go Lunch
 French Fries/Tossed Salad
 Rolls/Fruit

16

1)Beef-a-Roni
 2)Chicken Sandwich
 Green Peas
 California Veggies
 Garlic Bread/Fruit

17

1)Chef Salad/Crackers
 2)Chicken Nuggets
 3)Grab & Go Lunch
 Cheesy Potatoes/Lima Beans
 Fruit

18

1)Meat Balls/Rice-Gravy
 2)B.B.Q Rib on Hoagie
 Mixed Veggies/Squash
 Roll
 Fruit

19

1)Chef Salads/Crackers
 2)Quesadilla
 3)Grab & Go Lunch
 Carrots/Side Salad
 Jell-O/Fruit

20

1)Chef Salad/Crackers
 2) Chicken Sandwich
 3)Grab & Go Lunch
 F.F. /Tossed Salad
 Fruit

23

1)Cheesy Chicken/Rice
 2) Sausage Pizza
 Green Beans
 Mexicali Corn
 Roll/Fruit

24

1)Mexican Pizza
 2)Cheeseburger
 Squash
 Mixed Veggies
 Fruit/Pudding

25

1)Chef Salad/Crackers
 2)Mandarin Chicken
 Fried Rice
 3)Grab & Go
 Broccoli/Side Salad/Fruit

26

1)Chef Salads/Crackers
 2)Corn Dog Nuggets
 3)Grab & Go
 Baked Beans/California
 Veggies/Fruit

27

1)Chef Salads/Crackers
 2)Hot Dog
 3) Buffalo Chicken Wings
 Baked Potato
 Raw Veggies/Fruit

30

1)Fajita Nachos
 2)Grilled Chicken Sandwich
 Carrots
 Green Peas
 Fruit

