



School Information: Type your school information here.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts
This institution is an equal opportunity provider and employer.



Monday

Tuesday

Wednesday

Thursday

Friday

2

SPRING BREAK

3

SPRING BREAK

4

SPRING BREAK

5

SPRING BREAK

6

SPRING BREAK

9

1)Chicken Strips/Roll
 2)Pizza/California Veggies
 Green Beans
 Fruit/Juice

10

1)Steak Fingers/Roll
 Rice Gravy
 2)Grilled Chicken Sandwich
 Lima Beans/Carrots
 Fruit/Juice

11

1)Chef Salad/Crackers
 2)Fish Nuggets
 Mac-Cheese/Blackeye
 Peas/Coleslaw
 Fruit/Juice

12

1)Fruit Yogurt Plate
 2)Corn Dog Nuggets
 Baked Beans/Squash
 Fruit/Juice

13

1)Fruit Yogurt Plate
 2)Beef Steak Burger
 F.F./Raw Veggies
 Fruit/Juice

16

1)Spaghetti
 2)Chicken Sandwich
 Green Peas/California Veggies
 Cheesy Bread
 Fruit/Juice

17

1)Meat Ball/Rice-Gravy
 2)B.B.Q Rib on Hoagie
 Mixed Veggies/Squash
 Roll
 Fruit/Juice

18

1)Chef Salad/Crackers
 2)Chicken Nuggets
 Mashed Potatoes/Lima Beans
 Fruit/Juice

19

1)Fruit Yogurt Plate
 2)Quesadilla
 Carrots/Side Salad
 Fruit/Juice

20

1)Fruit Yogurt Plate
 2)Spicy Chicken Sandwich
 F.F./Raw Veggies
 Fruit/Juice

23

1)Cheesy Chicken/Rice
 2)Philly Cheese Steak
 Green Beans/Sweet Potatoes
 Roll
 Fruit/Juice

24

1)Mexican Pizza
 2)Grilled Chicken Sandwich
 Squash/Mixed Veggies
 Fruit/Juice

25

1)Chef Salad/Crackers
 2)Mandarin Chicken/Fried
 Rice/Broccoli/Side Salad
 Fruit/Juice

26

1)Fruit Yogurt Plate
 2)Corn Dog Nuggets
 Baked Beans/California
 Veggies/Fruit/Juice

27

1)Fruit Yogurt Plate
 2)Hot Dog/F.F
 Raw Veggies/Fruit/Juice

30

1)Nacho Grande
 2)Grilled Chicken Sandwich
 Carrots/Green Peas
 Fruit/Juice

