

April 2018

Resurrection Catholic School

BREAKFAST



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

This institution is an equal opportunity provider and employer



Monday

Tuesday

Wednesday

Thursday

Friday

2

SPRING BREAK

3

SPRING BREAK

4

SPRING BREAK

5

SPRING BREAK

6

SPRING BREAK

9

1)Sausage Biscuit
2)Cereal/Toast
Fruit

10

1)French Toast Stick
2)Cereal/Toast
Fruit

11

1)Pancake Pup
2)Cereal/Toast
Fruit

12

1)Cinna Mini
2)Cereal/Toast
Fruit

13

1)Grits/Sausage
Toast
2)Cereal/Toast
Fruit

16

1)Mini Pancake/Sausage
2)Cereal/Toast
Fruit

17

1)Chicken Biscuit
2)Cereal/Toast
Fruit

18

1)Scrambled Eggs
Sausage
2)Cereal/Toast
Fruit

19

1)Breakfast Pizza
2)Cereal/Toast
Fruit

20

1)Breakfast Bagel
2)Cereal/Toast
Fruit

23

1)Bacon-Egg-Cheese
Biscuit
2)Cereal/Toast
Fruit

24

1)Breakfast Burrito
2)Cereal/Toast
Fruit

25

1)Cinna Mini
2)Cereal/Toast
Fruit

26

1)Mini Waffle/Sausage
2)Cereal/Toast
Fruit

27

1)Grits/Sausage/Toast
2)Cereal/Toast
Fruit

30

1)French Toast Sticks
2)Cereal/Toast
Fruit

